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Bwrdd Iechyd Prifysgol
Abertawe Bro Morgannwg
University Health Board

Our Ref: AD/SHG/CM

Date: 24th February 2016

ABMU Health Board
Headquarters
One Talbot Gateway, Seaway Parade,
Port Talbot
SA12 7BR

01639 683302
WHTN: 1787 3302

Cllr Alan Lockyer
Chairperson
Children, Young People & Education Scrutiny Committee
Neath Port Talbot County Borough Council
Civic Centre
Port Talbot SA13 1PJ

Dear Alan,

Child and Adolescent Mental Health Services (CAMHS)

Thank you for your letter dated the 26th January 2016 to myself and Paul Roberts, Chief Executive. As you know, services for children and young people with emotional and mental health needs are provided by a wide range of organisations. I have been in liaison with colleagues in Cwm Taf Health Board, who provide services for ABM University Health Board resident population and am now in a position to provide a response to the queries you have raised. I have answered the questions in your letter on the assumption that they relate to specialist CAMHS services.

1. The specialist service provided by Cwm Taf Health Board currently has 50 clinical staff for the ABMU Health Board area, excluding new posts being recruited to against new monies from Welsh Government. Of these 50 staff, 10 clinical staff are dedicated to the Neath Port Talbot area.
2. As you may be aware, the ABMU Health Board has established a multi-agency Planning Group, which includes your local authority, that over the past 12 months has taken forward the development of a service model for the mental health and emotional well-being for children and young people resident within the Health Board area. Within this context, officers of the Health Board are working closely with colleagues in CAMHS to remodel the provision of specialist secondary care mental health services, clarify clinical capacity, activity and pathways. The information we

Chairman/Cadeirydd: **Professor Andrew Davies**

Chief Executive/ Prif Weithredydd: **Mr Paul Roberts**

ABM Headquarters/ Pencadiys ABM, One Talbot Gateway, Seaway Parade, Baglan Energy Park, Port Talbot. SA12 7BR.

Telephone: 01639 683344 Ffon 01639 683344 FAX: 01639 687675 and 01639 687676

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have, which only relates to specialist CAMHS, is being worked through in more detail and will be presented and discussed at the Planning Group.

3. The data on the number of clinical hours used by children and young people resident in ABMU is not currently available, however this is being addressed with colleagues within the context of the service modelling as above.
4. I can confirm that there are primary mental health therapists across the Health Board area to meet the needs of children and young people with mental health needs.
5. The work undertaken by the multi-agency Planning Group to develop a service model for children and young people resident in the ABMU area has identified early intervention and prevention as a key component, please refer to previous Planning Group papers which can be made available to you if you wish to see them. Work is being progressed within the context of the Welsh Government "Together for Mental Health" / "Together for Children and Young People" frameworks to ensure that models of support are in place to help children and young people develop sustained resilience and emotional well-being.
6. The additional recurrent funding made available from the Welsh Government has been utilised with a number of posts having been recruited:
 - To improve psychological therapies provision
 - To improve access for children and young people in Local Primary Mental Health Support Services
 - For early intervention in psychosis for the 14 to 25 age group
 - To improve crisis intervention, particularly in A&E, for those detained under s136 of the Mental Health Act.

We have recently confirmed to the Welsh Government the expectation that by the end of March 2016 there will be approximately a 25% reduction in the total number of patients waiting, this equating to an estimated reduction of 168 patients.

Further work is ongoing to explore different avenues to enable us to reduce the waiting times of patients, factoring in the recruitment of new staff and the advent of the new Crisis and new Neuro-Developmental Disorder services. You will appreciate that recruitment of new staff takes time to implement and this is being progressed as quickly as possible.

7. The Planning Group has recognised the complexity of interrelated services that will need to be coordinated to provide seamless care from primary or direct contact services through to the most specialist interventions. A service specification for the delivery of core NHS secondary mental health services has been developed as part of an overarching framework for the delivery of interventions that support children

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and young people with emotional and mental health needs. Colleagues in CAMHS, as members of the Planning Group, have played an integral role in the development of this specification which will now form the basis of the contract with Cwm Taf University Health Board for the delivery of specialist CAMHS services in 2016/17.

It is incorrect to state that there is not a clear idea of the current level of activity undertaken. Officers of the Health Board are in regular liaison with colleagues in CAMHS to monitor the existing contract activity levels and presenting needs of patients.

The additional monies from the Welsh Government are extremely welcome to support our ongoing plans to improve emotional and mental health services for children and young people. The agreement of proposals against this funding was undertaken on a multi-agency basis, via the Planning Group, to determine the services required, based on the needs of our resident population, against the individual funding streams available.

As Siân Harrop-Griffiths and Dr Claire Ball explained in the Scrutiny Committee, the arrangements for 'commissioning' services in the NHS (which does not have a competitive market in Wales) is very different to local authorities' approaches. We do not ask service providers what they would like to do with the money, rather, we work in partnership to set outcomes and standards expected and agree how these will be delivered.

8. The Health Board has routinely monitored the existing CAMHS contract with Cwm Taf University Health Board and through this process has received performance monitoring information which has been regularly discussed at Executive level meetings between ABMU and Cwm Taf. For information, please see enclosed a summary of information for the financial years 2012/13; 2013/14 and 2014/15. The Health Board is currently working with colleagues in CAMHS to modify the performance dashboard in the context of the newly produced service specification, which will shift to reflect outcomes.
9. I can confirm that the final amount allocated per Health Board for training by the Welsh Government is indeed £6,000.
10. It is incorrect to state that the proposed service model does not include operational indicators. The Planning Group has developed a robust service model and is in the process of developing service specifications relating to the relevant tier of provision within the model.

Specifically with regard to the specialist secondary mental health services element of the model, the service specification has been developed and agreed through the Planning Group and has also been scrutinised and approved through the Health

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Board Children and Young People Commissioning Board. The specification, which will form the basis of the contract for 2016/17, details:

- The scope of the service to be provided for those individuals with more complex needs requiring more specialised services;
- The composition of the service elements; policies, protocols and organisational standards;
- Referral pathways in and out of the service;
- Performance management expectations with a strong focus on service user experience and patient reported outcome measures.

The development of the contract framework for 2016/17 will be overseen and approved by the Health Board Children and Young People Commissioning Board.

I trust that you will find this information useful.



ANDREW DAVIES
CHAIRMAN

Enc.

c.c. Paul Roberts, Chief Executive
Siân Harrop-Griffiths, Director of Strategy

Child & Adolescent Outpatient Activity 2014/15												Child & Adolescent Outpatient Activity 2014/15												Child & Adolescent Outpatient Activity 2014/15														
BRIDGEND LHB												SWANSEA LHB												NEATH PORT TALBOT LHB														
Month	General			CITT			SM			Total			Month	General			CITT			SM			Total			Month	General			CITT			SM			Total		
	New	Old	Total	New	Old	Total	New	Old	Total	New	Old	Total		New	Old	Total	New	Old	Total	New	Old	Total	New	Old	Total		New	Old	Total	New	Old	Total	New	Old	Total			
April	29	124	153	0	0	0	7	37	44	36	161	197	51	391	442	0	0	0	0	0	0	0	0	0	0	42	282	324	17	17	17	42	289	341				
May	0	0	0	0	0	0	4	27	31	4	27	31	40	432	472	0	0	0	0	0	0	0	0	0	38	268	306	19	20	39	39	287	326					
June	30	118	148	3	19	22	1	36	37	34	173	207	41	525	566	4	30	34	45	555	600	1	16	17	56	319	355	1	16	17	37	335	372					
July	35	140	175	1	9	10	3	33	36	39	182	221	56	439	485	12	66	68	68	495	563	9	19	28	24	345	369	9	19	28	33	364	397					
August	33	198	231	0	0	0	0	6	6	33	204	237	47	300	347	6	46	52	53	346	399	8	12	20	10	181	191	2	25	27	12	206	218					
September	48	122	170	1	24	25	4	24	26	41	230	271	30	426	456	5	64	69	35	490	525	2	30	32	24	274	298	2	30	32	26	304	330					
October	39	206	245	0	0	0	2	24	26	41	230	271	47	421	468	4	54	58	51	475	526	1	21	22	24	274	298	1	21	22	25	295	320					
November	37	217	254	0	0	0	3	26	29	40	243	283	46	337	383	3	48	51	49	385	434	1	23	24	24	274	298	1	21	22	20	246	266					
December	33	186	219	0	0	0	2	20	22	35	206	241	32	258	290	2	42	44	34	300	334	0	18	18	18	194	212	0	18	18	18	212	230					
January	36	202	238	0	0	0	2	29	31	38	231	269	39	264	303	3	44	47	42	308	350	3	44	47	15	231	247	0	16	16	16	247	263					
February	41	156	197	0	0	0	4	28	32	45	184	229	26	255	281	2	31	33	28	286	314	2	31	33	21	244	265	1	17	18	22	261	283					
March	35	167	202	0	0	0	3	24	27	36	191	229	23	241	264	1	26	27	24	287	291	1	14	15	17	233	260	1	14	15	18	247	265					
Total	396	1836	2232	5	52	57	35	342	377	436	2230	2666	478	4289	4767	42	441	483	520	4730	5250	19	235	254	289	3068	3367	19	235	254	308	3303	3611					

Month	General			CITT			SM			Total		
	New	Old	Total	New	Old	Total	New	Old	Total	New	Old	Total
April	122	797	919	0	17	17	7	37	44	129	861	980
May	78	700	778	1	19	20	4	27	31	83	746	829
June	107	962	1069	8	65	73	1	36	37	116	1063	1179
July	115	924	1039	22	84	106	3	33	36	140	1041	1161
August	90	679	769	8	71	79	0	6	6	98	756	854
September	102	822	924	8	118	126	4	52	56	114	992	1106
October	110	901	1011	5	75	80	2	24	26	117	1000	1117
November	102	777	879	4	71	75	3	26	29	109	874	983
December	83	638	721	2	60	62	2	20	22	87	718	805
January	91	697	788	3	60	63	2	29	31	96	788	882
February	88	655	743	3	48	51	4	28	32	95	731	826
March	75	641	716	2	40	42	3	24	27	80	706	785
Total	1163	9193	10356	66	728	794	36	342	377	1264	10263	11527

Child & Adolescent Outpatient Activity 2013/14			Child & Adolescent Outpatient Activity 2013/14			Child & Adolescent Outpatient Activity 2013/14																				
BRIDGEND LHB									SWANSEA LHB									NEATH PORT TALBOT LHB								
Month	General			CITT			SM			Total			Month	General			CITT			SM			Total			
	New	Old	Total	New	Old	Total	New	Old	Total	New	Old	Total		New	Old	Total	New	Old	Total	New	Old	Total	New	Old	Total	
April	17	226	243	0	10	10	2	39	41	19	275	294	April	47	270	317	0	59	59	47	328	373	47	328	373	
May	31	248	279	0	4	4	0	25	26	31	277	308	May	34	300	334	1	45	46	35	345	380	35	345	380	
June	23	125	148	0	1	1	4	22	26	27	148	175	June	40	245	285	0	52	52	40	297	337	40	297	337	
July	14	153	167	0	5	5	3	21	24	17	178	196	July	22	183	205	1	44	45	23	227	260	23	227	260	
August	24	159	183	1	7	8	0	21	21	25	167	212	August	42	217	259	0	61	61	42	278	320	42	278	320	
September	18	185	203	0	11	11	4	30	34	22	226	248	September	37	232	269	1	49	50	38	281	319	38	281	319	
October	29	249	278	1	14	15	3	29	32	33	282	325	October	29	365	394	0	45	45	29	410	438	29	410	438	
November	35	188	223	3	26	29	1	24	25	39	235	277	November	26	298	324	2	64	66	28	382	390	28	382	390	
December	16	128	144	1	21	22	2	22	24	19	171	190	December	31	249	280	7	56	63	38	307	345	38	307	345	
January	18	133	151	5	26	31	1	25	26	24	184	208	January	37	331	368	4	84	88	41	388	438	41	388	438	
February	21	86	107	2	11	13	2	20	22	26	117	142	February	45	272	317	0	29	29	45	301	348	45	301	348	
March	32	149	181	0	13	13	3	28	31	35	190	228	March	40	285	325	0	24	24	40	308	348	40	308	348	
Total	278	2029	2307	13	149	162	25	306	331	316	2484	2900	Total	430	3247	3677	16	591	607	446	3838	4284				

Month	General			CITT			SM			Total		
	New	Old	Total	New	Old	Total	New	Old	Total	New	Old	Total
April	116	911	1027	0	88	88	2	39	41	118	1038	1156
May	129	973	1102	2	76	78	0	25	25	131	1074	1206
June	125	796	921	0	74	74	4	22	26	129	882	1021
July	94	809	903	3	65	68	3	21	24	100	895	996
August	121	771	892	1	92	93	0	21	21	122	884	1006
September	99	819	918	2	82	84	4	30	34	105	931	1036
October	121	1222	1343	1	86	87	3	29	32	125	1337	1462
November	99	1016	1115	9	121	130	1	24	26	108	1161	1270
December	87	772	859	14	116	130	2	22	24	103	910	1013
January	105	1044	1149	17	149	166	1	25	26	123	1218	1341
February	111	917	1028	3	87	90	2	20	22	116	1024	1140
March	111	956	1067	0	73	73	3	28	31	114	1037	1161
Total	1318	10886	12304	52	1109	1161	25	306	331	335	12401	13786

Child & Adolescent Outpatient Activity - 2012/3			Child & Adolescent Outpatient Activity - 2012/3			Child & Adolescent Outpatient Activity - 2012/3		
Birmingham LHB (06590)			Shrewsbury LHB (06600)			Month Park Talbot LHB (06590)		
Month	New	Old	New	Old	Total	New	Old	Total
April	33	150	161	180	341	27	393	420
May	32	146	178	180	356	36	415	451
June	38	146	184	208	392	38	401	439
July	20	170	190	216	406	43	378	416
August	21	162	182	201	383	41	368	389
September	18	164	182	201	383	40	368	388
October	37	153	190	208	395	39	402	441
November	37	152	189	198	387	39	402	441
December	35	132	167	174	339	44	428	472
January	17	132	149	142	281	44	428	472
February	18	151	169	176	344	35	385	419
March	34	223	257	235	492	35	385	419
Total	320	2000	2228	2305	4533	385	4846	5231

Month	New	Old	Total	New	Old	Total
April	85	698	783	81	733	814
May	245	1040	1285	140	1078	1218
June	128	788	916	120	916	1036
July	53	787	840	17	99	116
August	55	736	791	4	6	10
September	82	788	870	3	23	26
October	100	897	997	3	27	30
November	100	897	997	3	27	30
December	76	565	641	0	11	11
January	106	788	894	0	6	6
February	89	894	983	0	7	7
March	94	874	968	0	10	10
Total	1227	8815	10042	1273	10177	11450

Month	CIT		SM		General		Total
	New	Old	New	Old	New	Old	
April	0	8	0	20	17	163	208
May	0	8	0	21	18	188	227
June	0	8	0	22	18	194	238
July	0	2	0	17	38	401	418
August	0	4	0	35	43	378	424
September	0	11	0	33	40	378	429
October	0	8	0	27	61	506	594
November	0	9	0	27	50	482	568
December	0	11	0	24	44	428	463
January	0	6	0	8	44	428	476
February	0	7	0	5	35	385	427
March	0	10	0	23	35	385	427
Total	0	90	0	272	609	4846	5475

Month	CIT		SM		General		Total
	New	Old	New	Old	New	Old	
April	0	8	0	20	17	163	208
May	0	8	0	21	18	188	227
June	0	8	0	22	18	194	238
July	0	2	0	17	38	401	418
August	0	4	0	35	43	378	424
September	0	11	0	33	40	378	429
October	0	8	0	27	61	506	594
November	0	9	0	27	50	482	568
December	0	11	0	24	44	428	463
January	0	6	0	8	44	428	476
February	0	7	0	5	35	385	427
March	0	10	0	23	35	385	427
Total	0	90	0	272	609	4846	5475

